

																			<p>Badge and certificate award sets are available for these grades. To download an order form or order awards online, please visit: www.Winstrada.com</p> <p>Winstrada Aesthetic Sports Development Foundation</p> <p>TRAMPOLINING PROFICIENCY GRADE 6</p> <p>To gain the award, complete all skills in section A, three in section B plus the routine.</p>
																			SECTION A – COMPLETE ALL SKILLS
																			Seat drop ½ twist to feet.
																			Full twist jump.
																			Front drop to feet.
																			SECTION B – COMPLETE 3 SKILLS
																			Seat drop ½ twist to feet, seat drop to feet.
																			½ twist to seat drop to feet.
																			Pike jump.
																			Flat back onto mattress.
																			<p>ROUTINE: Straddle jump, seat drop to feet, tuck jump, ½ twist jump, pike jump, seat drop ½ twist to feet, straight jump, stop.</p>
																			Date passed