															Badge and certificate award sets are available for these grades. **To download an order form or order awards online, please visit: www.Winstrada.com** **Winstrada** **GYMNASTICS GRADE 2** **Minimal assistance may be given if required (grades 1-3 only)** **To gain the award, complete 8 of the floor skills below, plus the Hand apparatus, Partner work and Sequence sections**
															Floor Skills
															1) Jump to star position, jump together x 5
															2) Log roll on floor or down slope.
															3) Tuck roll backwards and forwards
															4) Rotate both arms forward in a circle
															5) Skipping (not with rope): one foot then the other on the spot for 10 seconds
															6) Balance on 1 foot on a bench or box
															7) Hopping on the spot .
															8) Bunny hops on the spot.
															9) Walk on the spot, on tip toes
															10) Walk along line or bench, full turn in middle
															11) **Hand Apparatus** Bounce and catch a ball
															12) **Partner Work** Sit in Straddle position with partner and roll ball to each other
															13) **Sequence** Balance on one foot then the other, sit on floor; show tuck, then pike then straddle positions
															Date passed

Further copies of this sheet can be downloaded from the following website: www.winstrada.com